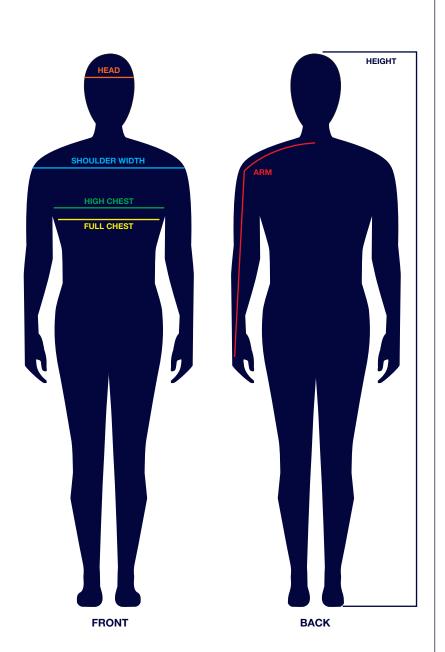
REGALIA MEASURING GUIDE

Our custom-tailored commencement gowns are designed in accordance with the Academic Costume Code.

For the most accurate fit, have a friend help you take these measurements.

Please be sure to record your measurements in inches.





HEIGHT:

Standing up straight, measure from the floor to the top of your head (without shoes on).

WEIGHT:

Accurate weight is required for a proper fit.

HEAD:



Measure the circumference of your head 1" above your ears.

Find your corresponding cap or tam size in the chart below and record it in the box.

CAP/TAM SIZE	CAP SIZE	HEAD MEASURMENT
XS	61/4" - 61/2"	19¼" – 20⅓"
S	6 % " - 6 3 4 "	201/4" – 211/8"
М	6	21¼" – 22 ⁷ /8"
L	73/8" - 75/8"	23" – 24 1/8"
XL	7¾" – 81/8"	241/4" – 26"

HIGH CHEST:

Put the measuring tape underneath your arms and slide it all the way up to your armpits.

Measure straight across your back and all the way around your upper chest.

FULL CHEST:

Measure all the way around the largest part of your chest.

SHOULDER WIDTH:

Measure straight across your back, from shoulder tip to shoulder tip.

ARM:

With your arm comfortably hanging at your side, measure from the center of the back of your neck to the tip of your shoulder. Then measure from the tip of your shoulder to the base of your thumb.

Combine these two measurements to find your total arm measurement.

©2023 Jostens, Inc. 23_1077871253 (CCG-102)